

## ***HEALTH POLICY***

In order to be certain that sick students are in care environments where their needs can be met, and in order to minimize the spread of illness, CMCS staff members will expect you to keep students home when certain conditions exist. Often sick students require one-to-one attention and we are unable to provide that kind of attention in our school office for long periods of time. Please read the following policy carefully.

1. Normal temperatures are generally accepted to be 98.6 degrees orally and 97.6 auxiliary (under the arm). If a student registers a temperature higher than 100.6 orally or 99.7 auxiliary, we will consider this to be fever which is likely to be contagious. We will expect you to keep him/her home if this is the case.
2. When there is vomiting, we will expect you to keep students home.
3. If a student has an unexplained rash, we will expect you to keep him/her home. If a doctor or health department staff member can identify the rash as not being contagious, we will admit the student providing the rash is not making him/her sick and excessively uncomfortable.
4. If a student has significant symptoms of respiratory illness (thick colored mucus from eyes or nose, serious cough, wheezing chest, red runny eyes or crusty eyes, sore throat or earache) we will expect you to keep him/her home.

You will be called to pick up students when they exhibit any of these symptoms as observed by the teacher and the health or office staff.

Please be sure the student's emergency card has names and phone numbers of persons who have agreed to pick him/her up if you cannot. **PLEASE NOTE: All students MUST have an emergency card on file. Because of laws in effect, we cannot allow students in class without a completed emergency card.**

For infections requiring a doctor's prescription, please keep students home 24 hours after beginning an antibiotic.

For all other illnesses, students may return to school if free from symptoms for 12 hours providing that behavior indicates that he or she is feeling well.

**Note:** With stomach and intestinal illness, milk products can slow down recovery. Please check with your doctor regarding student's diet after intestinal or stomach illness.

**Students must have their immunizations up to date and on file at the school office.** The only exceptions are:

Being otherwise advised by a physician, or if parents object to immunizations based on personal religious beliefs.

Written statements by the physician or parent must then be on file in the school office.

If a student contracts a communicable disease, please notify the school office so that we may let all parents know that others may have been exposed. Please bring a doctor's release when the student returns to school. The school follows District Public Health regulations as to when students may return to school after a communicable disease.

All persons, including volunteers, who are in regular contact with the students shall be in good health and free from communicable disease. They shall have an intradermal tuberculin skin test or a chest x-ray. Proof thereof shall be on file in the school office.

Our staff has been trained in Red Cross First Aid and CPR. When a student has been injured, we evaluate the situation on a case-by-case basis. When appropriate, we apply ice packs to bumps; topicals and Band-Aids to cuts and scrapes, etc. If more serious, we will notify the parent and complete an Accident Report.

## ***EMERGENCY HEALTH PROCEDURES***

The Health Office offers immediate first-aid to all injured or ill students.

1. If a student is injured on campus, he/she should report this injury to a teacher, administrator, support staff, or before/after school supervisor immediately.
2. If a student becomes ill, he/she should request a hall pass from his/her teacher or support staff, and proceed directly to the health office.
3. If a student is advised to leave campus, the parent will be contacted. When the parent, or other *authorized* adult, comes to pick up the student, they will be asked to sign out on the Sign-Out Sheet.

If a student is taking medication of any kind, the parent must bring the medication to the CCCS health office. The parent will then complete a brief Administration of Drug Form, which will be kept on file in the office. The parent should also write a note to the student's teacher letting them know when the student should be sent to the office for his/her medicine. No student is allowed to take medication of any kind without adult/staff supervision. No student may share any medication with any other students.



**CALVARY  
MURRIETA  
CHRISTIAN SCHOOLS**

2 Timothy 3:16-17